

# Thinking Through Your Activities

## ***1. Make Category Lists***

- Spiritual Development
- Household Tasks – weekly
- Household Tasks – monthly
- Outdoor Tasks
- Weekly External-facing Activities
- Weekly Internal-facing Activities
- House Projects
- Social Friends & Extended Family
- Family Fun Activities
- Hobbies
- Special Treats

## ***2. Make Priority Lists***

- Have to Do
- Need to Do
- Want to Do
- Would Like to Do

## Example Category List

### Household Tasks - weekly

Dust/wet mop Floors  
Dust furniture  
Bathrooms  
Wash  
Iron

### Household Tasks - monthly?

Cobwebs  
Kitchen - thorough  
Windows  
Clean out fridge

### Outdoor Tasks :

Water plants  
Sweep  
Weed  
New plants  
Wipe down railing  
"Deadhead"

### Weekly activities :

House church  
Piano lessons  
Work at school  
"Duma day"  
Play dates/childcare

### House Projects :

Paint kitchen  
Re-contact kitchen  
Paint guestroom  
Restore dresser  
Paint living room  
Clear garage  
Refinish patio eaves  
Sort/organize boxes/piles  
Frame photos

### Spiritual Development :

Quiet Time  
Work on Bible study  
STOP! BE STILL  
Call accountability partners  
Read God's Word  
Read Christian literature

### Social :

Neighbors  
Family - b'days  
Church family  
Regional SD ministry

### Kids - activities/responsibilities :

Piano practice  
Extra-curricular  
Homework  
LTG  
Date nights  
One-on-one time  
Read  
Chores  
Make dinner

### Miscellaneous :

Errands  
Grocery shop  
Meal plan  
Clip coupons  
Plan for week  
Exercise

### Family :

Family night  
Outings  
Date nights w/ Carey

### Luxury ☺ :

nani/pedicure  
Walk  
Massage  
Lunch w/ friends

### Hobbies :

Cross stitch  
Photo albums  
Craft projects  
Read  
Write : journal  
letters to friend  
(book = ?)  
Bake

## Example Priority List:

### Have to do :

Quiet time (Word & pray)  
Household chores (wash, bathrooms,  
dust, vacuum/floors)

"Ouma Day"

House Church

Family Night

Iron

Kids p/u

Watch Kids Lindsey  
Ryan  
Soph/Grif

Accountability

Piano lessons

Dinner

Available for homework

Groceries

PTA responsibilities

### Want to do:

Letters

Read-enjoyment & learning

Albums

Socials

Date nights w/ girls

Date nights w/ Carey

Home Improvements/projects (list)

Organize (list)

### Need to do :

Work at school (classrooms)

"Deep cleaning" (list)

Playdates for girls

Take care of outside (water,  
prune,  
sweep)

Plan meals (menus, coupons, flyer)

Exercise

Phone calls

Debrief/plan w/ Carey

Think about/plan for community

Errands

Nap! ☺

### Wish I could do:

Pedicure

Coffee dates

"Walk & Talk"

See the sights

Garden

Write